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**Blue Ridge Center is
now offering FREE
Acudetox/Acuwellness
Treatments!**



When? Monday-Friday 1PM-2PM

Where? 100 Burnet Street, Charlottesville, VA

All community members are welcome!

This treatment includes the NADA (National Acupuncture Detoxification Association) Protocol of ear acupuncture and acupuncture intervention for trauma, substance misuse, dependence and related behavioral and mental health conditions. Acudetox/Acuwellness can help with emotional regulation, reduce cravings for substances and sugar, help relieve stress, and aid in better sleep.