

Opioid Treatment Works!

Medication Assisted Treatment

Medication Assisted Treatment (MAT) is an effective form of treatment that includes medication to help curb opioid cravings and counseling. There are many MAT providers that accept Medicaid. Services are available by phone or computer during the pandemic.

Region Ten Office Based Opioid Treatment (OBOT) Program: For treatment in rural Counties, call 434-962-1949. Priority services for pregnant & parenting women, and access to residential services for those who qualify.

Addiction Allies: Physician led MAT, Intensive outpatient counseling & pregnancy programs- 434-260-3042

Addiction Recovery Systems (ARS)

Pantops: 434-220-0080 or walk-in Mon-Weds from 5 AM - 9 AM

ARS Crossroads Treatment:

1-866-866-9277

UVA Office Based Opioid Treatment

(OBOT): 434-924-2241 or call the UVA Opioid Helpline: 1-877-OPIOIDS for questions on opioid use

▶ **Community Mental Health
and Wellness Coalition**

Save a Life!

REVIVE Training & Narcan

Narcan saves lives by reversing overdose. In Virginia, anyone can get Narcan without a prescription & several places offer it for free.

- Region Ten offers virtual REVIVE overdose reversal training. Contact revive@regionten.org.
- Thomas Jefferson Health District offers free Narcan, by calling 434-972-6269.
- Charlottesville Area Harm Reduction offers free Narcan Tuesdays, 12-2PM at Market Street Park. Call 434-218-0228
- The Chris Atwood Foundation offers mail-based naloxone delivery service. Go to <https://nextdistro.org/caf>

Recovery Is Possible!

Recovery & Wellness Support

- SMART Recovery is a FREE MAT-friendly, peer recovery group, offered by On Our Own. See onourownville.org/calendar/ for a link to the meeting.
- For other virtual recovery, mental health, wellness, & social support groups, see helphappenshere.org/coronavirus.

Clean Your Cabinets

- Keep your family safe by locking prescriptions and getting rid of unused opioid medication. Learn more at helphappenshere.org/safedisposal

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